

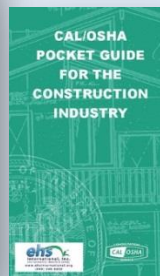
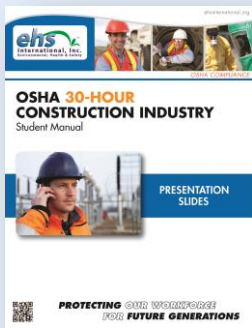
OSHA Outreach Training – **CONSTRUCTION** Industry

30-HOUR – 4-DAY PROGRAM



Students will receive:

- Student Manual/Cal/OSHA Pocket Guide



-Misc. Training Handouts

- *DOL OSHA Card



*Please allow for up to 2-4 weeks to receive

Overview

The OSHA 30 Hour Construction Industry Outreach Training course is a comprehensive safety program designed for anyone involved in the construction industry, specifically geared for safety directors, foremen, and field supervisors. This training program provides complete information on OSHA compliance issues. OSHA recommends Outreach Training Programs as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1926. Construction workers must receive additional training, when required by OSHA standards, on specific hazards of the job.

Mandatory Topics – 15 Hours Required

- Introduction to OSHA (2 Hours)
- Managing Safety and Health (2 Hours)
- OSHA Focus Four Hazards (6 Hours)
- Personal Protective and Lifesaving Equipment (2 Hours)
- Health Hazards in Construction (2 Hours)
- Stairways and Ladders (1 Hour)

Elective Topics – 12 Hours Required

At least 6 of the following topics must be presented. The minimum length of any topic is 30 minutes.

- a) Concrete and Masonry Construction
- b) Confined Space Entry
- c) Cranes, Derricks, Hoists, Elevators, & Conveyors
- d) Ergonomics
- e) Excavations
- f) Fire Protection and Prevention
- g) Materials Handling, Storage, Use and Disposal
- h) Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; and Signs, Signals and Barricades
- i) Powered Industrial Vehicles
- j) Safety and Health Programs
- k) Scaffolds
- l) Steel Erection
- m) Tools – Hand and Power
- n) Welding and Cutting

Optional – 3 hours. Instructor can teach other construction industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is 30 minutes.

