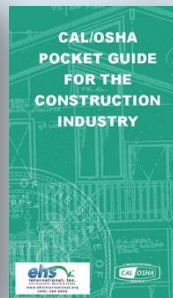
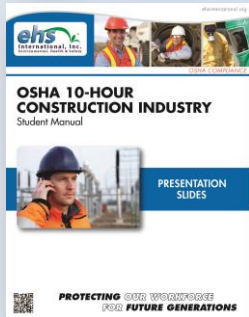


OSHA Outreach Training – **CONSTRUCTION INDUSTRY** 10-HOUR – 2-DAY PROGRAM



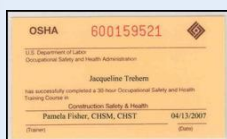
Students will receive:

- Student Manual/Handouts



- Cal-OSHA Pocket Guide
(If training conducted in CA)

- *DOL OSHA Card



*Allow for 2-weeks to receive

Following training guidelines of:

Program Overview

The 10-hour program is intended to provide instruction on a variety of construction industry safety and health standards to entry-level participants. This course is designed for construction workers, foremen, job supervisors, and anyone involved in the construction industry. OSHA recommends Outreach Training Program courses as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1926. Workers must receive additional training, when required by OSHA standards, on the specific hazards of the job.

This program is conducted on two 5-hour days.

Training Topics

Mandatory Topics – 7 hours

- Introduction to OSHA (2hrs)
- OSHA Focus Four Hazards (4hrs)
- Personal Protective and Lifesaving Equipment (30 min)
- Health Hazards in Construction (30 min)

Elective Topics – At least 2 hours (half-hour minimum)

- Cranes, Derricks, Hoists, Elevators, & Conveyors
- Excavations
- Materials Handling, Storage, Use and Disposal
- Scaffolds
- Stairways and Ladders
- Tools – Hand and Power

Optional – 1 hour: Topic can be about other construction industry hazards or policies and/or the instructor can expand on the mandatory or elective topics.

